



'Mixtup' – Update

Mixtup is now collaborating with Whizzkidz and Interplay so that we can offer **fortnightly youth clubs** for young people aged 11-25 with physical disabilities (and anyone else who wants to come along). There is no charge to attend.

The **Mixtup** sessions will continue to be delivered every **second Saturday** of the month (from 12-3pm), and the **Whizzkidz** sessions will be every **fourth Saturday** of the month (also from 12-3pm) – but we will be working together to make sure there is a complementary programme of activities, as well as doing some activities together. **Interplay** will be supporting both projects.

Most of the sessions will take place in the **EYST Drop In Centre** on St Helens Road, which is fully wheelchair accessible, however now and again some sessions may take place in a different venue (but we will let people know when this happens). There will be different themes for each session, with specialist agencies popping in or running part of the sessions. However, there will always be time to just chill out, chat and do the usual youth club activities such as Nintendo Wii, PS3, Table Tennis, Pool Table, etc. Refreshments and snacks will also be provided.

We thought it might be useful for you to put the forthcoming dates in your diary, so that you can come along or let others know about it:

Date (All sessions are a Saturday from 12-3pm, unless stated)	Session (All sessions are held at EYST Centre, unless stated)	Theme/ Activity (external agencies may attend some sessions)
24 th September 2011	Whizzkidz	Work Experience

8 th October 2011	Mixtup	Business Role Models (with Menter A Busnes – t.b.c)
22 nd October 2011	Whizzkidz	Healthy Living
24 th October 2011 (Monday 10.30-2.30pm)	Swansea City Council Children & Young People's Disability Strategy Consultation (Civic Centre, Swansea)	Council Strategy Consultation (lunch provided!) – Parents/Carers & Young people welcome
12 th November 2011	Mixtup	Going to Uni & college (with Interaxions – t.b.c)
26 th November 2011	Whizzkidz	t.b.c
10 th December 2011	Mixtup & Whizzkidz	Xmas Trip to Cardiff (t.b.c)
14 th January 2012	Mixtup	Film-making (t.b.c)
28 th January 2012	Whizzkidz	t.b.c
11 th February 2012	Mixtup	Disability Awareness – train the trainer (t.b.c)
25 th February 2012	Whizzkidz	t.b.c
10 th March 2012	Mixtup	Disability Awareness – train the trainer (t.b.c)
24 th March 2012	Whizzkidz	t.b.c

***For more information please contact Rocio Cifuentes on 01792 466980
or email director@eyst.org.uk***

This information is also available on our website: www.eyst.org.uk