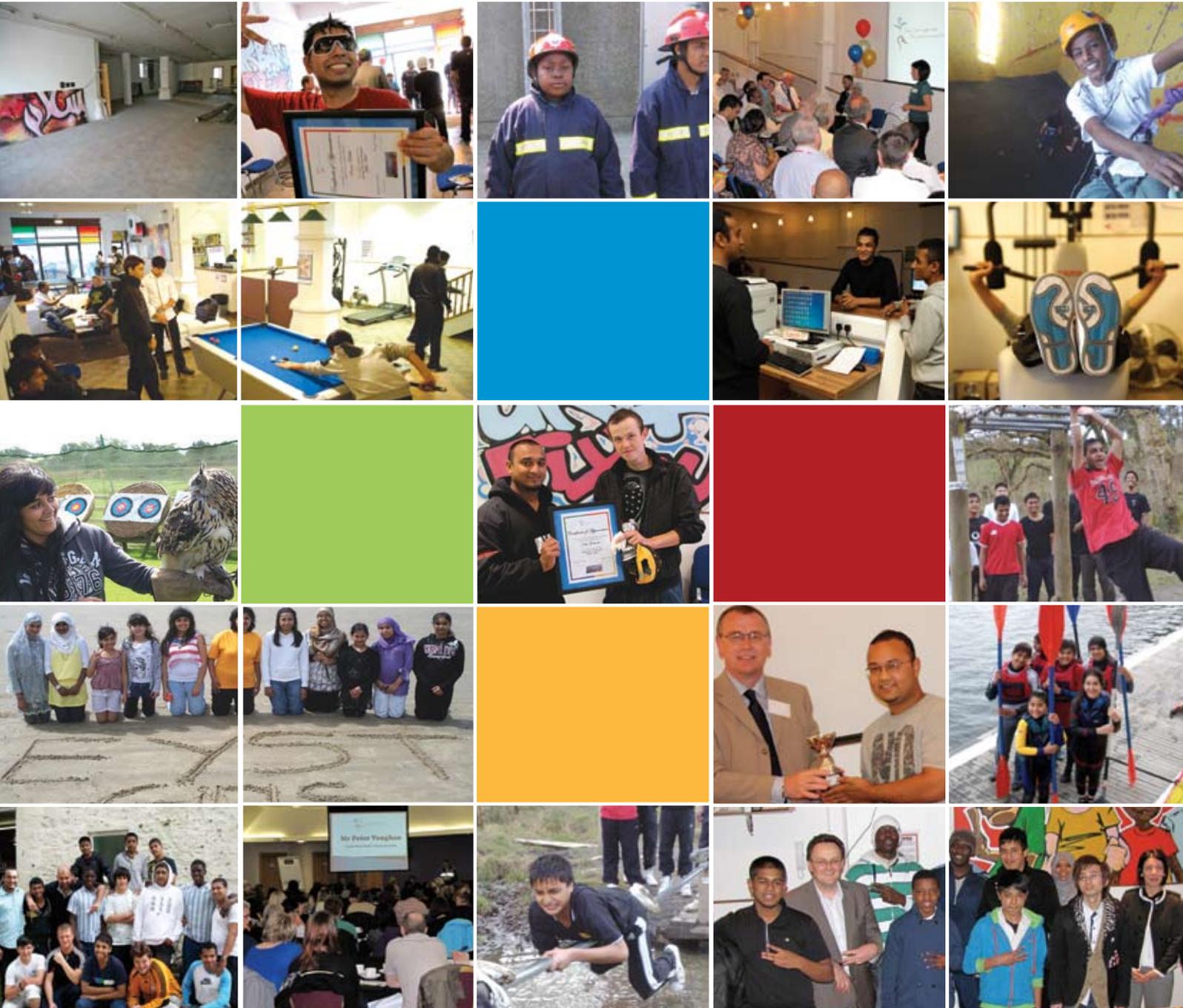


Helping young people achieve their full potential





Chair's Message

The EYST journey continues.....

“The thing always happens that you really believe in; and the belief in a thing makes it happen.”

Frank Lloyd Wright

It gives me great pleasure to present the Ethnic Youth Support Team's (EYST) annual report for 2010.

As the founder and Chair of EYST I am very proud of what it has achieved since its initiation and in particular in the last year. EYST has always believed it could succeed in helping young people and this belief continues to drive it forward.

The EYST journey continues, with the organisation growing and growing; not just physically with the development and embedding of a state of the art boys centre and now a girls centre too, but also in the delivery of its prime objective: to make a positive difference in young people's lives and help them to achieve their full potential.

This is why we in EYST are committed to ensuring that all our projects and day to day work are tailored around the needs of our clients; the young people themselves.

Naturally with each year's growth EYST faces new challenges; but with determination, focus and of course belief we have always managed to overcome the challenges and learn from them.

As you will see from our annual report the journey continues in the right direction but we are not complacent; more hard work, dedication, vision and of course belief will be required to take EYST even further still.

Of course none of this is possible without the people EYST relies on, so I would like to take this

opportunity to express my personal gratitude to them. This includes the funders, the director, the staff, the volunteers, the board members and all the stake holders who have supported EYST throughout the journey to date. But this list could not be complete without thanking and commending the young people for whom EYST was created; and without whose enthusiasm and energy EYST would not have been driven so hard to help them achieve.

The EYST journey continues.....

Momena Ali
EYST Founder and Chair

ABOUT EYST

EYST was set up in 2005 by a group of ethnic minority young males in Swansea. It aimed to fill a gap in provision for young BME males, and to provide a targeted, culturally sensitive and holistic support service to meet their needs. Ethnic Youth Support Team got its first ever funding from the Swansea Development Fund for a 6 week pilot scheme, and grew from there to where it is now - a team of 13 staff with 2 youth centres.

In 2009 EYST expanded to also support young BME females. EYST now aims to provide a service to young BME people across Wales, and we have recently undertaken consultations with BME youth across Wales in order to assess their needs.

EYST provides training & consultancy to a wide range of organisations and in 2010 expanded its training services.

EYST is a Company limited by Guarantee. Reg. No. 6709767

EYST MANAGEMENT COMMITTEE

Momena Ali
Chair

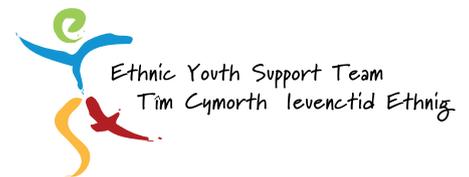
Dr. Abdalla Yassin Mohamed OBE
Vice Chair

Khalid Hussain
Treasurer

Fatiha Rahman
Secretary



Message from
Councillor Alan Robinson



I am delighted to be endorsing the Ethnic Youth Support Team who are now presenting their fifth annual report. It is a great privilege to have been asked to do this, as I know that they have many many supporters and well-wishers who have seen the great work that they do. I like to think that I have a little more inside knowledge on them than most though, having accompanied them on their fact-finding trip to London in February 2010 – which was certainly a memorable experience! (I won't go into too much detail!). On a more serious note, I am convinced that the work they are doing is having a tremendous impact on the physical and social regeneration of Swansea – from the impressive Urban Youth Centre and day-to-day work engaging with the young males and

keeping them off the streets, to the more sensitive work with the young females, and supporting them in so many ways from emotional support to practical support within their schools, families and communities. Unfortunately, the challenges for young people from all backgrounds in Swansea are increasing, from rising unemployment, to increasing pressures from all directions. I am glad that a service like EYST exists, and only wish that there could be more services like EYST's to support all of the young people in our community.

Councillor Alan Robinson
City & County of Swansea Cabinet Member
for Community Regeneration



EYST TEAM



Name:
Helal Uddin
Role:
**South Wales
Development Worker
& Employment
Support Worker**



Name:
David Baldock
Role:
Outreach Worker



Name:
Zaffer Azad
Role:
**Graphic Design, PR
& Marketing Assistant**



Name:
Shagufta Khan
Role:
Female Support Worker



Name:
Rocio Cifuentes
Role:
Director



Name:
Nicky Nijjer
Role:
PSP Project Worker



Name:
Luthfur Ullah
Role:
Legal Youth Worker



Name:
Bernard Presgrave
Role:
Admin Officer



Name:
Helena Santos
Role:
**Female Sports
Development Worker**



Name:
Shehla Khan
Role:
Manager



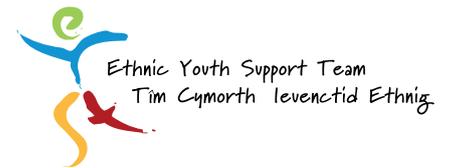
Name:
Shahab Miah
Role:
**Education & Schools
Liaison Officer**



Name:
Papi Faye
Role:
Trainee Youth Worker



Name:
Emma Lewis
Role:
**Employment
Support Worker**



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KEY ACHIEVEMENTS

2009 -10



It has been another extremely busy and productive year, with many highlights. One of the biggest achievements was the official opening of the **Urban Youth Centre**, which culminated nearly 18 months of hard work by many young people, staff, partners and supporters to complete this state of the art Youth Centre. The day of the launch was one of the hottest of summer 2009 and felt hotter still with over 150 people attending! Most importantly, this centre has enabled us to support even more young people in our community – with over 7,700 visits between July 2009 and March 2010 - and we are hoping to further expand our services and opening hours in the forthcoming year.

Another big landmark was the start of **EYST Girls Project**, which started in response to growing demands from the young BME females of Swansea. This project was so successful, that we quickly realised the need for a separate girls Drop In Centre. Although in its early stages, the **EYST Girls Drop In Centre** is now fully staffed by two full-time and one part-time member of staff, and offers an IT Area, Cafe Area, Chill Out Room, Gym Area & Private Mentoring rooms, open and available for use by clients, partners and community groups. Thanks to our generous funders, EYST is now able to offer an equitable service to young BME males and females aged 11-25 in and around Swansea.

It has been a year of expansion, both on the boys' and girls' side of the organisation, with the full team growing to 13 members of staff. I would like to thank the staff for all of their unrelenting efforts to support the young people of Swansea. This growing team meant we could no longer accommodate them within the Urban Youth Centre, and in January 2010, EYST took on the adjoining

premises to become the new **EYST Office**. If you are walking past, please do not hesitate to call in!

The end of the year was marked by EYST organising the first ever **Wales BME Youth Conference** which brought together a range of experts from across Wales to highlight the issues affecting BME young people in Wales. The conference also presented the findings of our Wales-wide consultations with young people, which took place in Wrexham, Newport, Cardiff and Neath Port Talbot. This was another busy event with around 179 delegates attending the one day conference at Liberty Stadium, Swansea.

Our work would not be possible without having effective **partnerships** and joined up working with many many organisations across Swansea and beyond, including: South Wales Police, City & County of Swansea, Schools & Colleges, Youth Offending Service, SCVS, Swansea University, as well as many community groups and organisations. This year, we were also privileged to host many distinguished **guests** within the EYST Centre, including: Children's Commissioner for Wales Mr Keith Towler; Brian Gibbons, Welsh Assembly Minister for Social Justice (Former); Paul Smith, Chief Executive, City & County of Swansea; Lord Mayor Alan Lloyd, City & County of Swansea (Former); Mike Theodoulou, Committee Member, Big Lottery Fund Wales; Jane Hutt, Welsh Assembly Minister for Children & Young People (Former); Andrew Davies, Welsh Assembly Minister for Finance (Former); Councillor Peter May, Councillor, City & County of Swansea; Councillor Alan Robinson, City & County of Swansea ; Mark Mathias, Chief Superintendent of South Wales Police, and many more.

Rocio Cifuentes,
EYST Director

Opened Urban Youth Centre



Held Wales' First BME Youth Conference



Opened new EYST office



Opened Girls Drop-In Centre



ENGAGE PROJECT

Supporting young people in education, training & employment



The Engage project is a Cymorth-funded project which focuses on supporting young people aged 11-25 to achieve in their education, training and employment. The project employs two workers and works closely with schools and colleges across Swansea. As well as workshops and training opportunities, the project provides weekly lunch-time drop in sessions at local secondary schools and colleges. Through these sessions, EYST workers engage with young people, liaise with teachers and make links to families and communities in order to provide culturally sensitive support to young pupils with any issues affecting them.

This year we have increased the number of weekly school/college lunch-time drop-in provision we deliver to 7 schools & colleges, these being:

- Pentrehafod School
- Bishop Gore School
- Swansea College
- Dylan Thomas School
- Olchfa School
- Cefn Hengoed School
- Gorseinon College

During 2009-10 we supported 175 young people through schools and colleges in Swansea. We engaged an average of 10 young ethnic minority males at every session, with regular figures as high as 25 at some schools. This service is greatly in demand from even more schools around Swansea. During 2009-10, in response to demand, we also commenced a complementary service for girls in the above schools.

Over the year we also delivered 27 information workshops in the EYST Drop-In centre to young people, with a total of 303 attendees.



Client's quote

“ EYST holds educational & fun activities which help us gain many different skills such as teamwork and individual purposes”

Partner's quote

“ In a growing multi-cultural society, Bishop Gore school has benefitted from the support of EYST for over 10 years. With their knowledge, their community links and their training programmes for staff and pupils, they have proved that vision and passion can make a real difference to the lives of young people.”

Diane Hockenhill, Deputy Head Teacher, Bishop Gore School

THE 'SAFE' PROJECT

Overcoming barriers and building bridges between young people and community safety agencies



The Safe project aims to increase community safety by breaking down the traditional barriers between ethnic minority young males and community safety agencies such as the Police, Prison, Youth Offending Service, Fire Service & Probation Service. It does this by offering our clients workshops, work placements and work taster within those agencies, and by offering cultural awareness training to the community safety agencies.

25 professionals working within the Police and Prison Service received diversity training from EYST. 70 young people received culturally sensitive individual advice, support and signposting around a range of issues including:

- Acting as appropriate adult
- Supporting victims of crime and their families
- Immigration issues
- Probation
- Mental Health Issues
- Substance Misuse
- Gambling
- Bullying
- Asylum
- Prison visits
- Knife Crime, Gang culture

The Safe Project was awarded Overall Best Project and Best Community Safety Project in the Swansea Lord Mayor's Community Regeneration Awards 2009. Following this success, we have continued to build very strong relationships with the community safety agencies in Swansea.

As part of the prize, EYST were able to visit similar projects in London in order to learn from best practices. This trip took place in February 2010, accompanied by Safer Swansea manager Jeff Davison & Councillor Alan Robinson.

Over the year:

93 different young people attended 10 different community safety workshops delivered by agencies including: South Wales Police, Youth Offending Service, Ambulance Service, Fire Service – total of 140 attendees.



Client's quote

“ EYST is a place you can go where you know you are safe. A place you can trust and which solves your problems”

PSP - POSITIVE STREET PROJECT

Building understanding of young people around Islam



This 3 year Welsh Assembly Funded Project aims to positively engage young people in order to give them opportunities to access positive messages about Islam in the context of a wider programme of support and activities.

The project commenced in September 2009, and activities include:

- One to one support
- Talks/ discussion sessions for EYST clients
- Talks/ discussion sessions within Prison
- Islamophobia awareness workshops within Schools
- Islamophobia awareness workshops with Young offenders
- An ongoing programme of activity and support for young males and females



The project has three yearly themes:

- **Year One:** 'Street' Issues – Substance Misuse, Gambling, Health Living, Gangs, Anti-Radicalisation
- **Year Two:** Citizenship Issues – Work with Schools, Colleges, Producing a Teachers Resource Pack
- **Year Three:** Positive Expression – Supporting Muslim young people to have a positive vision and voice through integration into other agencies

Client's quote

“ EYST has provided me a secure place where I can express myself and not feel ashamed”

Partner's quote

“ I meet with EYST PSP worker on a monthly basis to review all relevant referrals in the area. The PSP project provides an important intervention option and the 'Drop in' a good facility to signpost referrals. The partnership working has proved very effective on both a tactical and practical level. Thanks EYST!”

Pat Nolan, South Wales Police, Community Engagement Team, Western Div. (Swansea)

OUTREACH PROJECT

Reaching the hardest to reach and preventing crime



The EYST Outreach Project is a 3 year Home-Office Funded project delivering street-based outreach to engage those most vulnerable to crime. As well as street-level work, the project offers mentoring, education and positive recreational activities to young people, and works with partners including schools, the Police, Youth offending service and community groups.

In 2009-10 we ran two residential weekends through the project which gave young people information and skills to help them resist peer pressures. These were a great success and we plan to run another residential weekend focusing on peer mentoring in 2011.



Client's quote

“ EYST provides a safe environment for us to come to. Without EYST we would be on the streets chased by cops!”

URBAN YOUTH CENTRE

Providing a safe place for young people



The EYST Urban Youth Centre had its official opening in July 2009. This state of the art youth drop in Centre was completely refurbished by EYST clients who received training in basic construction skills as part of this Big Lottery Funded People's Millions Project. The project was completed in partnership with Gwalia Housing Association & City & County of Swansea training centre.

an IT Suite, Information Zone, Chill Out Area, Mentoring & Counselling Rooms, Pool Table & Table Tennis. It is open every week day afternoon from 3pm-6pm. Since its opening we have had an average of 250 visits to the Centre every week.

Situated on St Helens Road Swansea, the Centre offers a range of facilities including

The centre is also host to a range of community activities including training, consultations and community events, and is available for use by other community groups. It is fully wheelchair accessible and centrally located.



Staff quotes

“ At EYST, everything we do and have done has made realize that situation defines who you are, experience makes you who you become

“ As the newest member of the Eyst team, I have found the passion here infectious. I can see the progress that has been made in improving community safety and providing better opportunities to our young people. I am delighted and very excited to be part of this organisation.

“ Education is key in promoting everything which is good about society and people. This is why I am proud to be engaging young people in educational activities through EYST”

EYST GIRLS PROJECT

Supporting young BME females in Swansea



BME Girls Research



In support of its expanding work to support young females, and commissioned by Swansea City Council, in 2009-10 EYST undertook an exploratory piece of research focusing on the issues affecting BME young females in Swansea. The study comprised of a literature review, service review, interviews with service providers and focus group interviews with young BME females. A total of 44 young females were interviewed from a range of ethnicities.

The key findings were that:

- While racism was the most frequently mentioned issue initially, after discussion, it was not prioritised as being the most important issue.
- The issue rated as having the biggest impact was the perceived cultural conflict between the more traditional cultural expectations of them from their families, and the expectations of them from schools, peers and wider society.
- Other key themes were the barriers to accessing mainstream social and leisure activities, as well as the lack of more accessible opportunities to engage in health and fitness.
- A final theme was specifically around a perceived lack of cultural understanding from schools and careers advisors which in many cases was felt to compound their own parents' lack of awareness about educational/career issues.

Clients quotes from our research

On Racism:

“ I think with bullying and racism they should be addressed before it starts – rather than when it’s done and then try to fix the problem – they should get in there before it starts.”

After years of being left out ethnic minority young girls finally got what they wanted with the launch of the EYST Girls Project which formally began in June 2009. Thanks to funding from Swansea Development Fund, we were able to employ one worker to start to develop the project for BME young females aged 11-25.

It has been a very busy year, during which time 194 young girls signed up as members of EYST, receiving culturally sensitive advice and

support and taking part in the numerous events and activities which have been arranged.

The project has been such a success that SDF funded an expansion of the project in 2010-11 focusing on the one-to-one support needs of BME young females.



On Islamophobia:

“ like after 9/11, no-one came to explain to the school what Islam really said about suicide bombing and all that, so it was just left ...and everyone thought we were murderers...”

On Access to Leisure:

“ Most girls are not allowed to go to these places. But if your family knew it was with someone they knew ... then that would be ok.”

On Cultural Conflict:

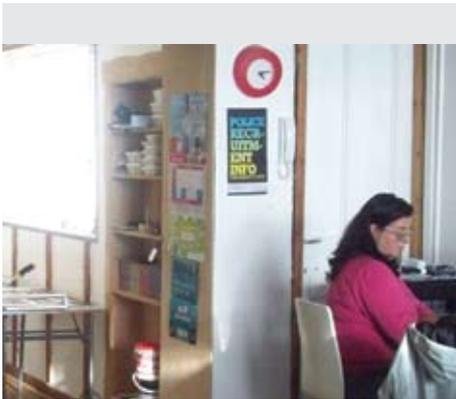
“ Juggling the two [school & family] is difficult – there are conflicting expectations”

On Schools/ Careers Advice:

“ I don’t think they understand where we’re coming from.”

EYST GIRLS CENTRE

Giving young females a place to meet, learn & socialise



The EYST Girls Centre was opened in October 2009 in response to the evidence of demand from both our Girls Development Project, and our Research with young BME Females in Swansea. We consulted over 130 young females, who told us they wanted a culturally accessible place to go after school, where they could get information, support and socialise in a safe and trusted environment.

Within the first 6 months of the Centre opening we had over 300 visits. The centre is open Monday to Friday from 3-6pm and offers a range of activities including:

- One-to-one support
- Counselling
- Holistic Therapies
- Faith-based study groups
- Employment Support
- Revision Skills Classes
- Intergenerational Coffee Mornings
- Film Club
- Aerobics & Fitness Sessions
- IT access
- Information Workshops
- Recruitment Days

With a Cafe Area, IT facilities, & Chill Out area, the Centre is also available for use by other community and youth groups.



DWP Department for Work and Pensions | Adran Gwaith a Phensynau

EMPLOYMENT SUPPORT

Funded by the Deprived Area Fund, this project provides one-to-one support, help & advice to young people aged 18-25 who are looking for employment. The project also delivers monthly employment support surgeries, and so far has supported 48 young BME clients to find employment.

The project covers Swansea, Neath Port Talbot & Carmarthenshire, and is delivered in partnership with Swansea Bay Race Equality Council.



SPORTS DEVELOPMENT PROJECT



Funded by Comic Relief, this project aims to engage with young BME females and provide sporting activities which are culturally sensitive and accessible to our client group. The project has worked in partnership with other organisations including Mentro Allan, Black Environment Network, Bishop Gore School, Tan Dance.

This year, activities arranged regular Aerobics, Zumba, and Swimming Classes, as well as holiday activities such as Horse-riding, Biking, & Surfing!!!

Client's quote

“It's nice to know that there's people out there who want you to succeed and will actually support you in getting there”

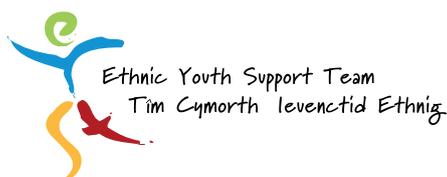
Client's quote

“Having a mentor has meant for the first time ever I have someone who i trust to go for advice”

Client's quote

“Eyst is somewhere I can go, without feeling different. The youth workers understand me, my culture, & my diffuculties in life, It's someone to go without having to explain myself, I can be me!”

FINANCIAL SUMMARY



EYST COMPANY ACCOUNTS

Period from 1st January 2009 to 31st March 2010

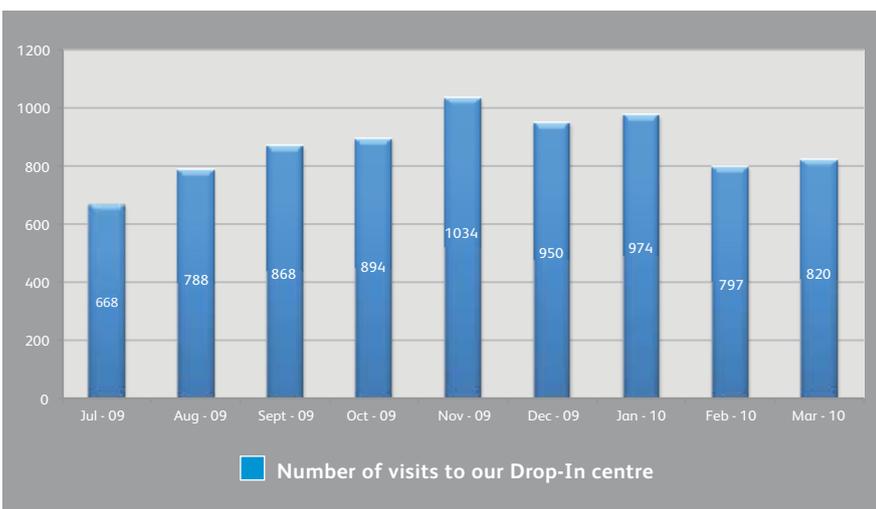
TURNOVER	2010
	£
Cymorth Grant Income	63,523
Big Lottery Grant Income	109,336
WAG Funding	12,250
Swansea Development Fund	26,778
WCVA Income	3,825
City & County of Swansea	23,088
Tudor Trust Funding	60,608
PSP Funding	45,335
Knife Crime Project	9,985
Urban Fund	40,838
Comic Relief Grant	10,000
Deprived Area Fund	5,000
Future Jobs Fund	1,214
Safer Community Fund	1,000
Youth Offending Service	5,679
Training Income	10,500
Other Income	7,818
	<u>436,777</u>
OVERHEADS	
Administrative expenses	411,903
	<u>24,874</u>
OTHER OPERATING INCOME	75
Other operating income	
PROFIT ON ORDINARY ACTIVITIES	<u>24,949</u>

ADMINISTRATIVE EXPENSES	2010	
	£	£
Personnel costs		
Wages and salaries	246,846	
Volunteer expenses	2,900	
		<u>249,746</u>
Establishment expenses		
Rent	24,881	
Rates and water	806	
Service charges	2,745	
Light and heat	4,181	
Insurance	1,647	
Repairs and maintenance	48,070	
Cleaning of premises	934	
		<u>83,264</u>
General expenses		
Travel and subsistence	4,365	
Telephone	4,792	
Computer costs	4,055	
Printing, stationery and postage	3,636	
Training expenses	2,220	
Visits and events	20,939	
Sundry expenses	862	
Refreshments	1,470	
Advertising	3,580	
Legal and professional fees	4,350	
Consultancy fees	15,000	
Storage Expenses	549	
Accountancy fees	4,074	
Depreciation	6,796	
		<u>76,688</u>
Financial costs		
Operating lease: Equipment	1,605	
Bank charges	600	
		<u>2,205</u>
		<u>411,903</u>

BALANCE SHEET		
		31ST MARCH 2010
	£	£
FIXED ASSETS		
Tangible assets		20,389
CURRENT ASSETS		
Debtors		47,613
Cash at bank and in hand		8,134
		<u>55,747</u>
CREDITORS: Amounts falling due within one year		<u>49,387</u>
NET CURRENT ASSETS		<u>6,360</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>26,749</u>
CREDITORS: Amounts falling due after more than one year		<u>1,800</u>
		<u>24,949</u>
RESERVES		
Profit and loss account		24,949
MEMBERS' FUNDS		<u>24,949</u>

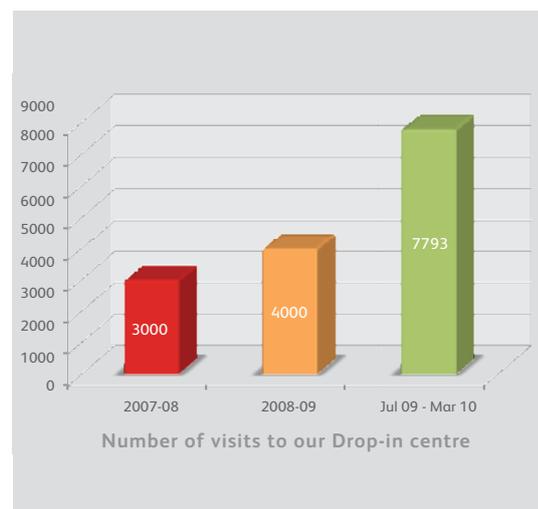
VISITS TO OUR YOUTH CENTRE

JUL 09 - MAR 10



INCREASE IN VISITS OVER

LAST 3 YEARS



WALES DEVELOPMENT PROJECT

Consulting young people across Wales

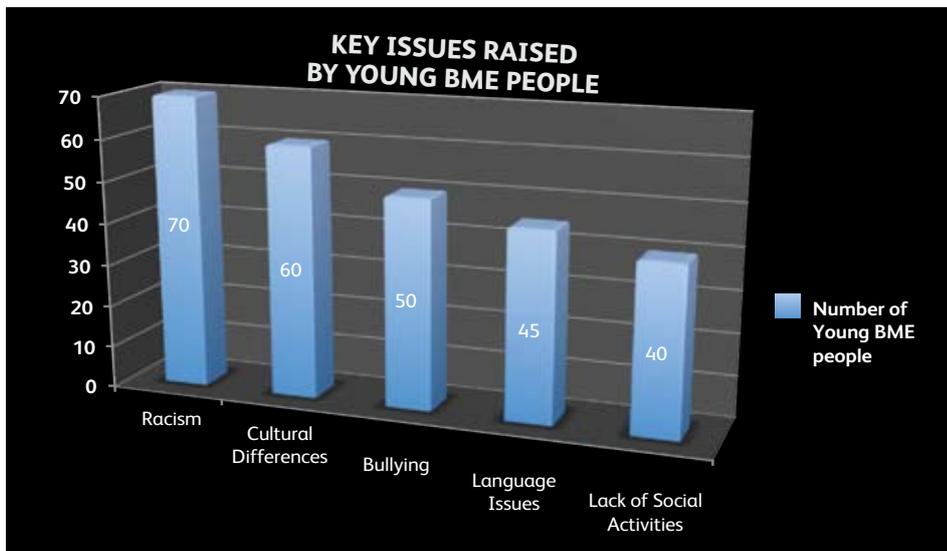
In October 2009, EYST received funding from the Welsh Assembly Government to carry out Wales wide consultations with young BME people in order to find out what their needs were and to identify gaps in services. The consultations took place in Wrexham, Newport, Port Talbot and Cardiff, and overall 93 young people from 17 different ethnicities were consulted.

Key issues identified included:

- Racism/ Ignorance/ Indirect Racism
- Lack of Social Activities/ Nowhere to Go
- Cultural Differences
- Bullying
- Language Issues
- Unemployment
- Drugs/ Smoking/ Alcohol
- Neighbourhood Crime/ Burglary/ Graffiti/ Rubbish
- Gang culture/ Fighting
- Need support worker/ Someone to talk to
- Postcode & Police Stereotyping

The findings of the consultation were presented in a one day **National BME Youth Conference** organised by EYST and held on the 24th March at the Liberty Stadium, Swansea.

There were 179 delegates in attendance on the day with representation from a range of professionals from across Wales including Police, Social Services, Education, Health, Housing Agencies, Youth Service and many more.



The agenda for the day included key note speeches from Swansea Council Chief Executive Mr Paul Smith and from South Wales Police Chief Constable Mr Peter Vaughan.

The following presentations were delivered:

- **BME Young People in Wales**
Statistical overview
- **Barriers to Education for BME Pupils**
- **Issues for BME Young Females**
- **The importance of a Faith based approach** to supporting BME young people
- **The Prevent Agenda, Community Cohesion & BME Young People**

Workshop seminars were delivered in afternoon facilitated by the following organisations:

- **BVSNW** (Black Voluntary Sector Network Wales - 'Boyz in da Hood' – street based issues for young BME males.
- **ISSA** (Islamic Social Services Association) Faith in the Future' – a preventative, faith-based project working with young BME ex-offenders
- **BAWSO** (Black Association of Women Stepping Out) - Forced Marriage and BME Young Females
- **African Community Centre** - Working with Refugee & Asylum seeking young people and members of the African Community

Quotes from our youth consultations across Wales

“ They don't understand our culture”
“Everyone round here gets stopped [by the police] all the time “

“ They look down on us 'cos of where we're from”
“My family are afraid to let me go out, because of the cultural differences. They should have more family workers to help them understand”

“ “There is no employment and nothing for youth to do “
“ We need support workers or someone to talk to who understands our culture”





Helping young people achieve their full potential

Grateful acknowledgement of our funders & supporters



Ethnic Youth Support Team
Tîm Cymorth Ieuenctid Ethnig

Contact Us

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Swansea, SA1 4AB
Tel: 01792 466980

Info@eyst.org.uk www.eyst.org.uk

WINNERS Swansea Lord Mayors Community Regeneration Award 2009
Best Overall Project & Best Community Safety Project

